



## KINTBURY & WOOLTON HILL PPG

PATIENT PARTICIPATION GROUP

### CHRISTMAS NEWSLETTER 2018

#### WHO ARE WE?

The **PPG** is a single group of volunteers, representing both surgeries, providing a focus for comments and suggestions to support and improve our Practice. We meet quarterly, under the guidance and firm control(!) of Chairman Peter Mason and bring a wide variety of interests and experience. In addition there is a Patient Reference Group PRG, who have allowed the use of their email for small surveys as needed.

#### We plan to

**Produce a Seasonal Newsletter** and  
**Register as a charity** the  
**'Friends of Kintbury & Woolton Hill GP Practice'**  
to enable the application for funds to provide additional facilities, which are not available through the NHS and beyond the Practice budget.

#### Automatic doors

were Installed in July (WH) and October (K) thanks to some generous professional advice (free), with additional NHS, Partner and grateful patients' funding. They are much appreciated by all patients, carers, deliverers of medicines and visitors.



#### Open all hours??

*details overleaf*

**8.00 – 20.00**

#### Patient Access

##### Online

Book appointments  
Order repeat prescriptions  
view medical records

##### At Surgery

make appointments for  
GPs, nurses, healthcare  
assistants, blood tests, BP  
and heart monitoring,  
vaccinations and flu jabs

##### Defibrillators

available inside  
during surgery hours

#### PPG

Date of next meeting:  
7.00pm February 2019

**Woolton Hill**

## 12 Hour GP access

You may have seen in the media that the government has promised seven days a week 8.00 am – 8.00 pm access to a GP. This does not mean that individual surgeries will be open for these hours.

Your local CCG is planning to fulfil this promise by providing access to services between 6:30 pm and 8:00 pm every day in the week and on Saturdays and Sundays. However, these appointments may not be with your usual GP or in your normal practice, but you will be advised of this when booking your appointment. In order to be seen in a different practice, we will need to share relevant personal information and because our practices use different information systems they may not have full access to your medical documentation; if you are unhappy with either of these conditions, we advise booking the next available appointment in your home practice.

## Keeping Well Over Winter

Top tips for keeping you and your family well this winter:

- Try to keep your house warm with a room temperature of 18 °C.
- Wear several layers of light clothes when you are outside as these trap warm air better than one bulky layer.
- Stay active: sitting still for more than an hour lowers your core temperature.
- Get a Flu jab now. The NHS offers free flu jabs for patients at most risk. For more information visit <http://bit.ly/UKFluJab>

## Surgery News

If you have visited the surgery lately, you have met one of our locum doctors who are covering Dr Gemma Newman's and Dr Naomi Manser's maternity leave.

We are delighted to announce that Dr Newman and Dr Manser have each given birth to a lovely baby boy, and both will be returning to work next year.

### PPG Contact:

**Rosemary Cahill** (*Secretary*)

**written messages please, left for me at either surgery**